

## Syracuse Chargers Open Women's Records

40y	Lynn Rosenthal	5.3	1/29/78
45m	Irene Thompson	6.2	1/11/87
50y	Linda Cupit	6.5	1/26/75
50m	Cathy McKeever	6.7	2/27/82
50m	Irene Thompson	6.7	3/24/87
50m	JoAnn Angotti	6.7	2/6/88
60y	Chris Schilly	6.9	2/3/74
55m	Irene Thompson	7.2	2/87
55m	JoAnn Angotti	7.2	1/17/88
55m	Irene Thompson	7.2	3/22/92
55m	Musu Jackson Buckner	7.34	2/2/08
60m	Andrea Bader	8.03	2/20/10
100y	Linda Cupit	11.4	4/12/75
100m	Zanderland Dixon	12.1	7/26/80
200m	Zanderland Dixon	24.8	7/26/80
220y	Chris Schilly	25.1	6/9/74
300y	Linda Cupit	39.6	2/1/76
300m	Janine Schilly	43.1	1/24/82
440y	Chris Schilly	55.4	4/6/84
600y	Chris Schilly	1:24.0	
600m	Carolyn Eich	1:43.0	2/27/83
800m	Amanda LoPiccolo	2:09.67	5/9/09
880y	Chris Schilly	2:12.3	2/23/75
1000y	Katy Schilly	2:36.4	2/1/76
1000m	Jennifer Patruno	2:52.34	1/25/04
1500m	Amanda LoPiccolo	4:16.48	6/17/09
1 mile	Amanda LoPiccolo	4:44.19	4/25/09
2000m	Mary Ann Weibel	6:37.4	1/19/86
3000m	Amanda LoPiccolo	9:16.10	2/13/09
2 miles	Katy Schilly	10:19.0	2/22/76
5km (r)	Amanda Laytham	16:43	8/30/09
5km (t)	Amanda LoPiccolo	15:52.70	5/30/09
8km	Kristin White	28:19	2/10/01
5 miles	Chrissie Morganti	29:11	3/17/90
10km (r)	Katy Schilly	34:44	8/15/76
10km (r)	Andrea Burke	34:44	10/8/84
10km (t)	Amanda Laytham	34:07.82	6/9/07
15km (r)	Amanda LoPiccolo	53:58.6	11/7/10
10 miles (r)	Kaitlin O'Sullivan	59:52	5/3/09
10 miles (t)	Lennie Tucker	1:29:49	6/28/81
20km	Melissa LeCasse	1:11:26	9/2/84

1/2 marathon	Kristin Schiesswhol	1:19:38	9/16/00
25km	Deb Froehlich	1:43:18	5/1/83
30km	Caryl Andrew	1:54:32	3/24/85
Marathon	Marion Teitsch	2:40:32	5/12/84
50km (r)	Lorrie Marnell	5:21:56	7/5/97
50km (t)	Lennie Tucker	5:26:10	5/19/84
60km (r)	Sister Nicolette	5:55:44	3/8/81
50 miles (r)	Lennie Tucker	7:41:22	11/15/81
50 miles (t)	Lennie Tucker	8:05:54.0	6/27/81
12 hour run (r)	Mary DaSilva	57.564 mi.	5/14/11
100km (t)	Lennie Tucker	13:13:19.0	7/4/82
2 hour run	Lennie Tucker	14.75 mi.	6/30/84
24 hour run	Lennie Tucker	91.94 mi.	7/4/82
50m HH	Janet Adams	8.1	3/15/86
55m HH	April Rushey	9.0	3/15/97
60m HH	Melissa St. Vil	9.61	2/6/05
80m HH	Irene Thompson	13.65	7/12/01
100m HH (30")	Sarah Kranzler	14.5	6/2/97
100m HH (33")	Cathy Golden	15.1	8/7/83
300m IH	Grace Killory	53.8	8/15/80
400m IH	Diane Thompson	64.49	7/27/00
2km steeplechase	Tonya Dodge	7:02.71	8/14/99
3km steeplechase	Tonya Dodge	10:10.83	5/12/01
1 mile walk	Ellen Minkow	7:29.4	1973
3km walk	Laura Feller	15:26.66	1/18/04
5km walk (r)	Laura Feller	26:25	4/26/03
5km walk (t)	Laura Feller	25:56.59	4/29/06
8km walk (t)	Laura Feller	45:18.0	7/20/03
10km walk(r)	Laura Feller	52:41	6/3/06
1 hour walk	Laura Feller	10,630m	7/20/03
15km walk	Laura Feller	1:22:33	8/20/06
20km walk	Laura Feller	1:50:08	4/9/06
Long Jump	Sharon Gleasman	17-6 1/2	2/27/83
Triple Jump	Antonnikka Owens	40-8 3/4	2/7/04
High Jump	Sharon Gleasman	5-11 1/4	5/18/84
Pole Vault	Linda Hadfield	10-11	7/26/07
Shot Put, 8 lb.	Patrina Thomas	44-4 1/2	8/9/85
Shot Put, 4kg	Shari Zembeck	44-1	7/25/92
Discus	Shari Zembeck	150-8	5/22/92
Javelin	Janet Adams	137-7 3/4	8/8/85
Hammer, 4kg	Monica Ridgeway	144-4	7/13/07
Weight Throw, 20 lb.	Monica Ridgeway	45-5 1/4	7/13/07
Weight Throw, 30 lb.	Kathleen Pierce	22-10	3/29/87

Weight Pentathlon	Monica Ridgeway	3,125 pts.	7/13/07
Indoor Pentathlon	April Rushey	2690	3/15/97
Outdoor Pentathlon	Chris Schilly	3132	8/25/73
Heptathlon	Janet Adams	4580	8/14/81

submitted 6/5/11