

### Chargers Age Group Records 20-24 Men

40y	Henry Smith	4.8	8/25/73
40y	Dave Levitt	4.8	3/18/78
45m	Ray Panek, Jr.	5.67	3/10/96
50m	Nigel Shepherd	5.9	3/25/82
60y	Frank St. Dennis	6.4	12/30/78
55m	Michael Roux	6.6	1/22/94
55m	Scott Rowe	6.6	1/18/97
100y	Robert Vaughn	9.5	7/12/80
100m	James Drake	10.6	7/13/85
100m	James Drake	10.6	7/17/85
200m	Robert Vaughn	21.4	7/26/80
220y	Bill Doran	24.2	6/24/79
300y	Ric Bond	35.9	12/30/78
300m	Nigel Shepard	36.7	2/27/83
300m	Nigel Shepard	36.7	3/18/84
400m	Lubert Lewis	47.25	6/2/01
440y	Tom Stoyan	51.2	7/20/71
500m	Lubert Lewis	1:03.12	1/28/01
600y	Phil Rougeux	1:12.9	1/20/85
600m	Nick Stenuf	1:20.11	1/9/09
880m	Lubert Lewis	1:46.72	7/4/00
880y	Tom Stoyan	2:01.1	7/20/71
1000m	Anthony Gallo	2:28.5	1/18/04
1500m	Bruce Fisher	3:40.0	6/72
1 mile	Nick Stenuf	4:03.11	1/30/10
2000m	Jerry Jurick	5:22.6	2/2/85
3000m	Tom Dalton	8:07.6	1/9/83
2 miles	Tom Dalton	8:43.7	2/6/83
5km (r)	Mike Melfi	14:40	5/14/00
5km (t)	Tom Dalton	14:11.2	4/11/81
8km (r)	Ron Andrews	23:44	4/6/02
5 miles	Neil Rosenblad	23:56	1/1/84
10km (r)	Tom Dalton	29:29	6/14/81
10km (t)	Tom Dalton	29:20.6	5/28/81
15km (r)	Jerry Lawson	44:50	3/9/89
10 miles	Mike McMaster	49:45	3/31/85
20km	Bill Fisher	1:03:50	8/3/80
1/2 marathon	Mike Melfi	1:07:36	9/18/99
25km	Skip Meno	1:23:32	9/6/70
30km	Bill Fisher	1:36:42	3/23/80
Marathon	Kevin Collins	2:17:37	6/17/95

1500m walk	David Talcott	6:23.4	3/13/83
1 mi. walk	David Talcott	6:46.3	2/5/84
2km walk	David Talcott	9:16.5	2/2/85
3km walk	David Talcott	13:42.0	2/5/84
2 mile walk	David Talcott	14:47.0	4/83
5km walk (r)	David Talcott	23:10	4/2/83
5km walk (t)	David Talcott	23:37.9	7/24/82
5 mi. walk (r)	David Talcott	37:55	4/2/83
5 mi. walk (t)	David Talcott	41:42.0	11/21/82
10km walk (r)	David Talcott	46:59	4/2/83
10km walk (t)	David Talcott	49:22.0	11/21/82
15km walk (r)	David Talcott	1:12:40	7/15/84
15km walk (t)	David Talcott	1:17:02.0	11/1/82
10 mi. walk	David Talcott	1:18:03	4/24/83
20km walk	David Talcott	1:37:55	6/16/84
1/2 mar. walk	David Talcott	1:53:26	10/24/82
25km walk	David Talcott	2:11:45	5/1/83
30km walk	David Talcott	2:45:35	10/24/82
35km walk	David Talcott	3:16:13	9/26/82
40km walk	David Talcott	3:49:56	9/26/82
Mar. walk	David Talcott	4:08:52	10/24/82
50km walk	David Talcott	5:54:25	7/17/83
1 hr. walk	David Talcott	7mi, 1017yd	11/21/82
2 hr. walk	David Talcott	14mi, 1412yd	11/21/82
50m HH	Keith Norwood	6.8	3/15/86
55m HH	Ron Andrews	7.34	2/14/04
60m HH	Ron Andrews	7.7	2/15/04
60m HH	Ron Andrews	7.86	2/3/04
110m HH	Ron Andrews	13.71	6/12/04
300m HH	Ric Bond	46.4	8/8/78
400m IH	Wayne Jones	52.8	8/10/85
440y IH	Charles Latham	59.5	6/24/79
3km Steeple	Perry Edinger	9:17.5	8/8/85
Long Jump	Tim Kane	23-4 1/2	3/15/86
Triple Jump	Maurice Etheridge	50-3	1/19/86
High Jump	Kym Orr	7-2 1/4	1/18/87
Pole Vault	Tim Kane	15-7	3/15/86
Shot Put, 16lb	Larry Ball	48-6	6/28/80
Discus, 1.6kg	Bill Monette	168-4 1/4	8/2/02
Discus, 2kg	Bill Monette	155-9	6/17/02
Hammer	Jesse Doty	198-9 1/4	7/15/05
Javelin	Kevin Richardson	201-3	5/4/85
Weight, 28lb	Tom Miller	80-0	8/25/70

Weight, 35lb	Tom Miller	63-7	8/14/70
Weight, 56lb	Tom Miller	43-11	8/3/71
Weight, 74lb	Tom Miller	30-0	8/10/70
Weight Pent.	Michael Roux	1827	5/21/95
Indoor Pent.	Michael Roux	3146	1/22/95
Decathlon	Tim Kane	6830	8/18/84

Submitted 2/9/10