

Chargers Age Group Records 45-49 Men

50m	Tom Fondy	6.7	3/10/85
50m	Tom Fondy	6.7	3/17/85
55m	Bill Mathis	7.0	12/20/98
60m	Bill Mathis	7.83	3/27/98
100m	Sam Hall	12.0	8/4/90
200m	Sam Hall	24.56	7/7/91
300m	Horace Hudson	40.3	1/16/99
400m	Horace Hudson	55.6	6/20/98
400m	Horace Hudson	55.77	7/24/98
440y	Ed Stabler	59.8	1976
500m	Tom Fondy	1:18.9	2/23/85
600y	Wally McRae	1:34.0	2/10/79
600m	Wes Rehberg	1:36.9	3/17/85
800m	Don Masterson	2:06.1	8/12/90
880y	Ed Stabler	2:14.6	2/76
1000y	Bob Brock	2:34.5	3/29/80
1000m	Dave Cole	2:47.5	1/16/05
1500m	John Dwyer	4:23.5	8/6/93
1 mile	Mark Rybinski	4:44.80	3/27/04
2000m	Mark Rybinski	6:19.6	3/16/03
3000m	David O'Keeffe	9:09.64	1/10/04
2 miles	Ed Stabler	10:16.8	2/10/79
3 miles	Ed Stabler	16:26.5	1976
5km (r)	John Thorpe	16:02	9/4/95
5km (t)	David O'Keeffe	15:16.61	5/25/04
8km (r)	David O'Keeffe	25:47	3/6/04
5 miles (r)	John Thorpe	26:51	9/15/96
5 miles (t)	Ed Stabler	28:09	4/30/76
6 miles (r)	Bob Brock	32:14	9/24/78
6 miles (t)	Ed Stabler	33:00.0	10/76
10km (r)	David O'Keeffe	32:20	5/30/04
10km (t)	Peter Davis	35:02.19	8/1/04
15km (r)	John Thorpe	51:37	11/10/96
15km (t)	Terry McConnell	59:06.1	3/22/01
10 miles	David O'Keeffe	53:46	5/2/04
20km	George Luke	1:11:12	9/7/86
1/2 marathon	John Thorpe	1:14:17	10/96
25km	David Pearce	1:36:18	5/5/85
30km	Ed Stabler	1:43:56	?
Marathon	Bob Brock	2:41:01	4/20/81
50km	Bill O'Brian	3:40:13	12/16/79

40 miles	Bill O'Brian	4:57:23	5/26/79
50 miles (r)	Bill O'Brian	6:20:15	10/11/80
50 miles (t)	Bill O'Brian	6:27:21	7/7/79
100 miles (r)	Richard Wilkins	22:28:27	7/16/00
24 hour run	Ray Smith	100 miles	3/27/87
1 mi. walk	David Talcott	7:29.8	6/1/05
3km walk	Nelson Fisher	15:47	2/24/90
5km walk (r)	David Talcott	26:12	5/7/05
5km walk (t)	Julius Grossman	32:26.9	8/9/86
8km walk (r)	David Talcott	43:50	6/25/05
10km walk (r)	David Talcott	52:45	4/2/05
15km walk (r)	David Talcott	1:22:11	5/22/05
10 mi walk (r)	David Talcott	1:31:25	7/4/05
20km walk	David Talcott	1:50:36	5/22/05
35km walk	Nelson Fisher	3:40:44	8/6/88
40km walk	Nelson Fisher	4:20:32	9/11/88
55m HH	Mark Honis	8.8	3/16/07
60m HH	Robert Doran	9.95	3/23/01
110m HH	Mark Honis	17.2	7/26/08
300m IH	Horace Hudson	44.7	7/11/99
400m IH	Horace Hudson	61.70	8/1/98
3km steeple	John Allen	12:28.7	8/6/88
Long Jump	Mark Honis	19-1 1/2	2/16/07
Triple Jump	Robert Doran	36-5 1/2	8/14/99
High Jump	Robert Doran	5-5 3/4	3/25/00
High Jump	Robert Doran	5-5 3/4	4/1/00
Pole Vault	Peter McGinnis	13-0	3/11/00
Shot Put, 12#	Harry Schwarze	40-10 1/2	7/23/89
Shot Put, 16#	Harry Schwarze	38-0	3/11/90
Discus, 1kg	David Wright	134-1/4	7/25/84
Discus, 1.5kg	Mike Kinsella	96-10	7/11/05
Discus, 2kg	Duncan Payne	75-7	7/4/10
Hammer	Pat Lynn	142-7	6/23/98
Javelin	David Wright	140-3	8/9/86
Weight, 20lb	David Jones	48-7	1/24/98
Weight, 35lb	Pat Lynn	41-9 3/4	3/28/99
Weight, 56lb	Pat Lynn	26-9	3/28/99
Weight Pent.	Jim Alexander	2168	6/12/94
Indoor Pent.	Robert Doran	2365	3/26/99
Outdoor Pent	Tim Collins	2222	8/6/88
Indoor Hept	Robert Doran	2882	4/2/00

submitted 8/8/10