

### Chargers Age Group Records 60-64 Men

|              |                  |          |          |
|--------------|------------------|----------|----------|
| 45m          | Howard MacMillan | 6.7      | 2/19/89  |
| 50y          | Howard MacMillan | 6.8      | 3/8/87   |
| 50m          | Ed Lukens        | 6.9      | 2/9/86   |
| 55m          | Tom Fondy        | 7.5      | 3/11/00  |
| 60m          | Andrew Branch    | 8.24     | 3/22/97  |
| 100m         | Andrew Branch    | 12.6     | 8/6/93   |
| 100m         | Andrew Branch    | 12.6     | 6/6/98   |
| 100m         | Sam Hall         | 12.81    | 6/4/05   |
| 200m         | Andrew Branch    | 25.9     | 7/6/94   |
| 300m         | Fred Schlereth   | 42.8     | 1/22/94  |
| 400m         | Fred Schlereth   | 58.6     | 3/4/94   |
| 500m         | Howard MacMillan | 1:33.0   | 2/19/89  |
| 600y         | Howard MacMillan | 1:51.8   | 3/8/87   |
| 600m         | Fred Schlereth   | 1:54.8   | 3/15/97  |
| 800m         | Fred Schlereth   | 2:23.0   | 12/10/93 |
| 1000m        | Bob Milner       | 3:27.7   | 1/15/00  |
| 1500m        | Bob Milner       | 4:57.5   | 1/5/96   |
| 1 mile       | Bob Milner       | 5:14.15  | 1/20/96  |
| 3000m        | Bob Milner       | 10:39.88 | 3/17/96  |
| 2 miles      | Bob Milner       | 11:37.3  | 1/12/97  |
| 5km (r)      | Howard Rubin     | 18:01    | 9/25/88  |
| 5km (t)      | Ed Stabler       | 18:00.39 | 8/3/89   |
| 8km (r)      | Ed Stabler       | 29:29    | 8/31/89  |
| 8km (t)      | Ed Stabler       | 31:38.0  | 1/8/93   |
| 5 miles (r)  | Bob Milner       | 30:32    | 7/20/96  |
| 10km (r)     | Ed Stabler       | 36:07    | 7/27/89  |
| 10km (t)     | Ed Stabler       | 36:09.67 | 8/1/89   |
| 15km (r)     | Howard Rubin     | 56:43    | 11/13/88 |
| 15km (t)     | Ed Stabler       | 59:26.5  | 3/21/92  |
| 10 miles (r) | Ed Stabler       | 1:02:17  | 11/26/90 |
| 20km         | Ed Stabler       | 1:20:45  | 5/15/91  |
| 1/2 marathon | Ed Stabler       | 1:25:46  | 8/6/92   |
| 25km         | Ed Stabler       | 1:37:25  | 10/11/89 |
| 30km         | Sam Graceffo     | 2:15:32  | 3/23/97  |
| Marathon     | Ed Stabler       | 2:50:23  | 8/8/89   |
| 1500m walk   | Bob Nicholson    | 8:32.99  | 6/30/07  |
| 2 mile walk  | Bud Brown        | 28:45.5  | 3/18/84  |
| 5km walk (r) | Bob Nicholson    | 31:26    | 6/7/07   |
| 50m HH       | Ed Lukens        | 8.5      | 2/9/86   |
| 50m HH       | Ed Lukens        | 8.5      | 3/10/86  |
| 55m HH       | Ed Lukens        | 9.6      | 1/5/86   |

|               |                  |           |         |
|---------------|------------------|-----------|---------|
| 60m HH        | Bill Townsend    | 10.4      | 3/19/89 |
| 100m HH       | Ed Lukens        | 17.46     | 8/25/85 |
| 110m HH       | Ed Lukens        | 21.1      | 8/10/85 |
| 300m IH       | Paul Stelmaszyk  | 49.55     | 8/1/04  |
| Long Jump     | Ed Lukens        | 17-0 3/4  | 3/17/85 |
| Triple Jump   | Ed Lukens        | 36-3 1/2  | 3/24/85 |
| High Jump     | Ed Lukens        | 4-8       | 2/2/85  |
| High Jump     | Ed Lukens        | 4-8       | 2/23/85 |
| High Jump     | Ed Lukens        | 4-8       | 3/24/85 |
| High Jump     | Ed Lukens        | 4-8       | 3/23/86 |
| High Jump     | Ed Lukens        | 4-8       | 6/28/86 |
| Pole Vault    | James Trott      | 9-0       | 6/8/09  |
| Shot Put, 4kg | Richard Holloway | 42-3      | 6/10/90 |
| Shot Put, 5kg | Chuck Yost       | 40-6 3/4  | 8/5/95  |
| Shot Put, 6kg | Harry Schwarze   | 38-6      | 2/9/02  |
| Shot Put, 16# | Gary Crawford    | 31-4      | 7/11/05 |
| Discus, 1kg   | Gary Crawford    | 140-9 1/2 | 5/10/02 |
| Discus, 1.5kg | Gary Crawford    | 99-4 1/2  | 7/11/05 |
| Discus, 1.6kg | Richard Holloway | 90-1      | 7/15/92 |
| Discus, 2kg   | Richard Holloway | 74-5      | 7/15/92 |
| Javelin       | Richard Holloway | 134-5     | 8/1/92  |
| Hammer, 5kg   | Patrick Lynn     | 119-8     | 6/11/10 |
| Hammer, 16#   | Gary Crawford    | 74-9      | 4/25/05 |
| Weight, 20lb  | Gary Crawford    | 46-1 1/2  | 1/11/02 |
| Weight, 25lb  | Gary Crawford    | 41-3      | 9/22/01 |
| Weight, 44lb  | Patrick Lynn     | 23-2      | 3/28/10 |
| Weight, 56lb  | Gary Crawford    | 18-8 3/4  | 3/39/03 |
| Indoor Pent.  | Ed Lukens        | 1692      | 1/13/85 |
| Outdoor Pent  | Ed Lukens        | 1683      | 5/2/86  |
| Weight Pent   | Gary Crawford    | 3209      | 7/15/02 |

submitted 8/8/10