

Syracuse Chargers Age Group Records 85-89 Men

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|---------------|-------------------|----------|---------|
| 55m | Don Hanlon | 11.4 | 2/10/08 |
| 100m | Don Hanlon | 19.7 | 6/8/07 |
| 200m | Don Hanlon | 48.1 | 1/18/09 |
| 400m | Don Hanlon | 1:51.8 | 6/29/09 |
| 800m | Don Hanlon | 5:01.6 | 7/20/09 |
| 1000m | Don Hanlon | 6:48.9 | 1/18/09 |
| 1 Mile | Don Hanlon | 10:54.18 | 1/19/08 |
| 5km (r) | Charles Jorgensen | 38:23 | 6/15/00 |
| 5km (t) | Charles Jorgensen | 39:17.0 | 7/28/00 |
| 60m HH | Ed Lukens | 19.84 | 3/29/08 |
| Long Jump | Ed Lukens | 11-4 | 8/3/07 |
| Triple Jump | Ed Lukens | 23-9 | 3/30/08 |
| Shot Put, 4kg | Erwin Rice | 20-4 1/4 | 6/7/08 |
| Discus, 1kg | Erwin Rice | 56-1 1/2 | 6/8/09 |
| Javelin, 400g | Ed Lukens | 68-8 1/4 | 6/8/07 |