

## Onondaga Lake Park Thursday Night Fun Runs July 11, 2019

It was a hot and humid evening with a 85 degree temperature and 64% humidity with a 9 MPH SSW wind.

### 400 Meters

Name	Time	Age
Michael Vitas	1:24	11
Matthew Vitas	1:31	9
Andrew Watson	2:39	4
Joshua Watson	6:48	2

### 2 miles

Name	Time	Age
Tomasz Vitas	14:55	41
Monica Emmi	23:34	47
Barbara Emmi	23:37	46
Alice Carrol	48:23	87

### 5K

Name	Time	Age
Andrew Rabia	26:42	15
Rowan Meador	28:28	25
Modesto (Mo) Colosi	30:51	66
Darrall Fogus	33:42	63
Jacob Moose	37:55	25
Jessica Slivenski	45:09	25

### 8K

Name	Time	Age
Parker Todd	33:37	16
Ron Ta	43:37	27
Chris Rogers	44:40	28