

Onondaga Lake Park Thursday Night Fun Run July 20, 2023

It was a warm evening with a 86 degree temperature, 36% relative humidity and a 8 MPH wind.

400 Meters

Name	Time	Age
Bob Tang	2:14	6
Yuzhe Tang	2:19	39
Meryl Toukatly	4:32	5
Ryan Toukatly	4:32	35

2 Miles

Name	Time	Age
Yuzhe Tang	18:22	39
Dan Kanaley	28:52	75

5K

Name	Time	Age
Warren Staver	20:19	27
Dan Hillman	20:46	26
Chris May	25:52	37
Alex Neis	28:07	13
Matt Dyer	29:32	28
Richard Bower	29:33	51
Logan	32:21	?
Jessyka Gunville	36:48	33

8K

Name	Time	Age
Joel Keohane	36:29	22
Ben Stevens	36:29	21
Paul Cinfrocca	38:03	59
Jim Cox	44:18	62
John Schaefer	45:55	51
Moe Colosi	52:29	70