

NEW CHARGERS RECORDS – JANUARY 2026

Two Chargers team members started the new year well, with a **new club record**. Both competed at the **USATF Niagara Indoor Track Championships at Cornell University, Ithaca, NY on January 18, 2026**.

Karen Ellsworth improved her mark in the **Triple Jump** in **F60-64** to **6.04meters (19' 9.75")**. Her previous mark of 5.85m (19'2.25") was set in June of 2023.

Christopher Ryer improved his time in the **60 Meter Dash** in **M40-44** to **7.74** from the time of 7.78 set in January of 2025.

Congratulations Karen and Chris!

Other Chargers performances in the meet were:

Karen Ellsworth (F60-64) – Long Jump 2.68m, Shot Put 7.77m

Christopher Ryer (M40-44) – 200m 25.83

Shane Tinney (M25-29) – 60M 7.26, 200M 24.60

Zach Jones (M35-39) – 60M 7.47, 200M 24.35

Leander Boreland Jr. (M55-59) – Shot Put 11.32m, High Jump 1.19m, Pole Vault 1.96m

(See photo provided by Zach Jones/Christopher Ryer)

Think that **you** may have set a **new Chargers record**?

-**Check** the records link below to verify the existing record in your event. Then **Submit** your request for a new record via the form and directions below.

Records are available here: <https://www.syracusechargers.org/club-records/>

Submit a new record here: <https://www.syracusechargers.org/record-submission/>

I look forward to hearing from you!

Cindy Daly

Chargers Record Keeper

1/31/2026